

## BRACKNELL FOREST DEMENTIA ACTION ALLIANCE

**Friday 6th November 2020**

**2pm—8pm**

Bracknell Forest Dementia Action Alliance are hosting an online community event. You can join us all afternoon and evening or just dip in and out of the sessions that interest you.

You can join us at any time by clicking on the [Zoom](#) link below.

[BFDAA Online event Zoom link](#)

Please share this flyer with anyone who may be interested in joining.

If you need any help with using Zoom or would like us to email you the link to the meeting, please call Andrea, the DAA Coordinator, on 01344 266899.

Talking Therapies	2.15pm	How can Talking Therapies support you?
Citizens Advice— Bracknell & District	3.00pm	Tina from Bracknell CAB hosts a session on 'Favourite things'.
Care UK	3.45pm	Care Fee planning for the future.
Young People With Dementia (YPWD)	4.30pm	An introduction and some examples of the work of the charity, who work with people who are diagnosed with dementia aged 65 or under.
SIGNAL4Carers	5.15pm	Find out how SIGNAL can help support carers of people living with dementia and then take part in a fun 60s and 70s music quiz.
The Ark	6.00pm	An interactive singing session with Lottie.
CMHTOA	6.45pm	Q and A with members of the Community Mental Health Team for Older Adults.
Bracknell Film Society	7.30pm	The society arrange Dementia Friendly screenings at South Hill Park. They are hosting a fun film quiz.

**Sessions will run for approximately 30 minutes from start time**

**In between sessions there will be information and videos from other organisations and sources of support such as Dementia Diaries & Dogs For Good**